



Life Lessons Dice Game

Each player needs a copy of this sheet. Make the dice using the net provided. Take it in turns to roll the dice. For the number you roll, cover one of the characters with the matching Dice Game Card and say the positive affirmation on that card out loud. If you roll a number and you have already covered both characters, you miss a turn. The first person to cover all 12 characters, wins.

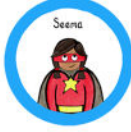
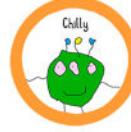
 Lala	1 	 Syril	 Denny	4 	 Raya
 Tessa	2 	 Little Bear	 Yaryo	5 	 Callie
 Seema	3 	 Oaky	 Sidney	6 	 Chilly



Life Lessons Dice Game Cards

Each player needs a set of these cards...

Cut out the cards. When you roll a number on the Dice Game, place the card for one of the characters of that number on top and say the positive affirmation for that card out loud.

 Lala I am safe and secure	 Syril Mistakes help me to learn	 Denny I talk about my feelings	 Raga It's okay to ask for help
 Tessa I am good enough as I am	 Little Bear I keep trying when things get tough	 Yargo Being different is amazing	 Callie I believe in myself
 Seena Manners are my superpowers	 Oakly I am grateful for what I've got	 Sidney When I say 'sorry' I change my actions	 Chilly I am brave and try new things

Dice Net

Make a dice out of this net or cut out the shapes and stick them on to a large dice

